Teacher Advice

Topic 2: Keeping Our Teeth Healthy

Level: P-2

Purpose

The purpose of this topic is to introduce students to the correct way of brushing and flossing teeth.

Activity

In this activity the class will be watching *Video 2.1 - How to Brush and Floss Your Teeth*. They will use the information they learn later in the unit.

To commence have the class run a discussion about how you should brush and floss teeth. You might have them model how they might do it. Identify key themes from the class discussion and record them for reference later.

Then have the class watch *Video 2.1* showing the Royal Flying Doctor Service Brush and Floss Team - Grayson and Ella, talk about the proper way of brushing and flossing teeth.

Once the class has watched the video have the students revisit the key messages that came from their earlier discussion. Did anything surprise them? Was there anything new that they learnt? How will the video change the way they brush and floss their teeth in the future?

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Teaching and Learning Resources

The following resources are provided to teachers to deliver this lesson...

Video 2.1 - How to Brush and Floss Your Teeth

Study: Health and Physical Education

Key Learning: Personal, Social and Community Health

ACPPS003
Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy

- Identify characters in different texts who help the main character to stay safe and healthy
- Identifying knowledge, skills and understanding that can help keep them healthy

ACPPS006
Identify actions that promote health, safety and wellbeing

- Understanding the importance of personal hygiene practises.